

VCCL Results - Shane Ezard

Member number: 228

Races: 8; Wins: 1 (12.5%); Top Ten: 7 (87.5%)

Active from 2022 to 2022

Date	Event	Place	km	Time	Spot	H'cap	C/Adj	N/Time	Margin	km Rate
30/04/2022	parkrun	12	5	20:36	20	3:00	0:00	17:36	2:24	4:07
14/05/2022	parkrun	2	5	19:45	24	3:40	0:00	16:05	0:27	3:57
21/05/2022	parkrun	7	5	19:35	24	3:40	0:00	15:55	1:00	3:55
04/06/2022	parkrun	4	5	19:23	24	3:40	0:00	15:43	0:25	3:53
02/07/2022	parkrun	1	5	18:45	25	3:45	0:00	15:00	0:00	3:45
30/07/2022	parkrun	6	5	18:40	20	3:00	0:00	15:40	0:43	3:44
13/08/2022	parkrun	2	5	18:16	20	3:00	0:00	15:16	0:11	3:39
24/09/2022	parkrun	7	5	19:11	20	3:00	0:00	16:11	0:52	3:50